



RACHEL RAYMOND ABDO

New Rawda, Lebanon

+961 03 660 581 / rachelabdo@hotmail.com

29, single, driving license

Education

2014 – 2018	Joint PhD at the Lebanese University, Lebanon in Clinical Research and Paris Est University, France in Cellular and Molecular Biology with distinction: Very Honorable
2013 – 2014	Research Master II in Epidemiology and Biostatistics - Public Health, Lebanese University, Fanar
2013 – 2014	Pharm D, Lebanese University, Hadath
2012 – 2013	Master I in Epidemiology and Biostatistics - Public Health, Lebanese University, Hadath
2008 – 2013	BS in pharmacy with distinction Good, Lebanese University, Hadath
2007 – 2008	Bac II in life science with distinction Good, Zahrat El Ihsan, Achrafieh

Experiences

February 2018 – September 2018	Supervision of Master II student in Epidemiology and Biostatistics The project is entitled: Awareness of stroke risk factors, signs and prevention among Lebanese young adults
October 2014 – December 2018	Survey as part of a dissertation for Doctoral degree in Clinical Research, University, Lebanon and Paris Est, France. The thesis is entitled: The burden of stroke in Lebanon: quality of life, mortality rate and costs post-stroke
February 2014 – September 2014	Survey as part of a thesis for graduation in Master II Research in Epidemiology and Biostatistics, Lebanese University, Lebanon. The thesis is entitled: Health Behaviors in Lebanese School Children
September 2017 – till present	Responsible Pharmacist , De Ville Pharmacy, Bsalim Verification of prescriptions, delivering drugs, communicating with clients and suppliers and handling money transactions Ordering drugs from different drugstores or suppliers receiving and inputting them into the computer system Inventory, re-stocking, expired products, making simple preparations
August 2012 – August 2017	Responsible Pharmacist , Soueid's Pharmacy, Mkallis Verification of prescriptions, delivering drugs, communicating with clients and suppliers and handling money transactions

Ordering drugs from different drugstores or suppliers receiving and inputting them into the computer system
Inventory, re-stocking, expired products, making simple preparations

September 2013 – February 2014
(6 months internship)

Clinical Pharmacist, Sacré-Cœur hospital, Hazmieh
(5 months internship)

Clinical Pharmacist, Military hospital, Badaro
(1 month internship)

Participation in a clinical case presentation in front of the doctors of Sacré-Cœur hospital (with certificate from Sacré-Cœur hospital)

Contributing to a better medical management of patients

Intervention in the treatment by choosing the best medication according to the guidelines

Making sure that the patient is receiving the right dose with the convenient route of administration

Monitoring the different physiological parameters to prevent side effects

July 2013 – August 2013
(1 month internship)

Hospital Pharmacist assistant, Levant hospital, Sin El Fil

July 2012 – August 2012
(1 month paid internship)

Pharmacist assistant, Theresa Pharmacy, Dekweneh

August 2011 – September 2011
(1 month internship)

Laboratory assistant, Feghali Laboratory, Fern el Chebbak

July 2011 – August 2011
July 2010 – August 2010
(2 months internship)

Pharmacist assistant, Pharmacy Slaf Jadida, Slaf

List of scientific productions

Published articles:

Abdo R, Abboud H, Salameh P, El Hajj T, Hosseini H. Mortality and Predictors of Death Poststroke: Data from a Multicenter Prospective Cohort of Lebanese Stroke Patients. *J Stroke Cerebrovasc Dis.* 2019 Jan 9. pii: S1052-3057(18)30685-2. doi: 10.1016/j.jstrokecerebrovasdis.2018.11.033. [Epub ahead of print] PubMed PMID: 30638943.

Abdo R, Abboud H, Salameh P, Jomaa N, Rizk R, Hosseini H. Direct Medical Cost of Hospitalization for Acute Stroke in Lebanon: A Prospective Incidence-Based Multicenter Cost-of-Illness Study. *Inquiry.* 2018 Jan-Dec;55:46958018792975. doi: 10.1177/0046958018792975. PubMed PMID: 30111269.

Abdo R, Zeenny R & Salameh P. Health Behaviors Among School-Aged Children: a Cross Sectional Study in Lebanese Private Schools. *Int J Ment Health Addiction.* 2016;14:1003. <https://doi.org/10.1007/s11469-016-9677-z>

Abdo R, Hosseini H, Salameh P, Rizk R, Abboud H. Risk factors and acute ischemic stroke management in Lebanon: Obstacles and Solutions. Accepted in *Functional Neurology Journal*. [in press]

Articles in preparation/submitted:

Abdo R, Abboud H, Hosseini H, Rizk R, Salameh P. Quality of life of 1-year stroke survivors and its predictors: a multicenter prospective cohort study. Submitted to *Cerebrovascular Diseases Journal*.

Lahoud N, **Abdo R**, Akel M, et al. Knowledge, attitudes and behaviours towards antibiotics use among Lebanese adults: An awareness survey on antibiotic resistance. Submitted to Pharmacy Practice.

Lahoud N, Henaine A. M, **Abdo R**, et al. Knowledge towards antibiotics use among Lebanese adults: A study on the influence of sociodemographic factors. Submitted to Journal of Epidemiology & Community Health.

Oral communications:

Speaker at the 26th Annual Congress of the Lebanese Order of Pharmacists. Beirut 2018. **Abdo R**. Acute Stroke Management: Short-Term and Long-Term Outcomes Post-Stroke in Lebanon.

Speaker at the 8th International Congress of the Lebanese Society of Neurology (LSN). Beirut 2016. **Abdo R**. Cost of Acute Stroke in Lebanon.

Posters with discussion:

21^{ème} édition des Journées de Neurologie de Langue Français (JNLF). Toulouse 2017. **Abdo R**, Abboud H, Salameh P, Hosseini H. Coût direct hospitalier des accidents vasculaires cérébraux au Liban

The 3rd European Stroke Organisation Conference (ESOC) Prague 2017. **Abdo R**, Abboud H, Salameh P, Hosseini H. Sex disparities in stroke care and recovery in Lebanon.

The 26th European Stroke Conference (ESC) Berlin 2017. **Abdo R**, Abboud H, Salameh P, Hosseini H. Acute ischemic stroke management in Lebanon.

The 3rd European Academy of Neurology (EAN). Amsterdam 2017. **Abdo R**, Abboud H, Salameh P, Hosseini H. Cost of acute stroke in Lebanon.

The 4th European Stroke Organisation Conference (ESOC). Gothenburg 2018. **Abdo R**, Abboud H, Salameh P, Hosseini H. Predictors of in-hospital and 1-year mortality after stroke

The 4th European Academy of Neurology (EAN). Lisbon 2018. **Abdo R**, Abboud H, Salameh P, Hosseini H. Long-term outcome of stroke patients: Data from a multicenter cohort of Lebanese stroke patients.

Affiliations

November 2017 – till present	Member in INSPECT-LB
February 2016 – November 2018	Member of the research committee at Lebanese Order of Pharmacists
September 2014 – till present	Member of the Lebanese Order of Pharmacists

Other experiences

January 2013 – June 2015	Tutorial (Biology for students in grade 9)
--------------------------	--

Professional skills

Computer skills:	SPSS, R software, SAS, Softpharm, Apothicaire Pharma Advisor, Endnote, Zotero, Microsoft office, Internet browsing
Communication skills:	English, French (very good level both written and spoken), Arabic (mother language)

Social skills

Scout

Leadership, Team work, Communication, Z.E.I, Achrafieh

Informal certificates

Spring 2012

Certificate in first aid, Lebanese University, Hadath

References

Available upon request