



**RF**

# RITA FARAH

PHARMD, MPH, PHD | EPIDEMIOLOGIST BIOSTATISTICIAN RESEARCHER

## EXPERIENCE

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**INSTRUCTOR • UNIVERSITY OF BALAMAND • JANUARY 2015 – TO DATE**

Teaching Epidemiology and Biostatistics for graduates and undergraduates at the Faculty of Health Sciences.

**INSTRUCTOR • LEBANESE UNIVERSITY • OCTOBER 2014 – TO DATE**

Teaching basic and advanced Biostatistics and Research Methodology at the Faculty of Pharmacy- Lebanese University.

**EPIDEMIOLOGIST • MINISTRY OF PUBLIC HEALTH / EPIDEMIOLOGICAL SURVEILLANCE PROGRAM • SEPTEMBER 2012 – TO DATE**

2013-2015: National focal point of the Influenza surveillance program

2016-2019: Food poisoning program/ Akkar focal point

2017 to date: Responsible of the Chemical exposure surveillance program.

Tasks involve surveillance and investigation of diseases as well as training peripheral MOPH surveillance teams and health professionals.

**PHARMACY MANAGER • AL-BOUSTANY PHARMACY • SEPTEMBER 2007 - AUGUST 2012**

**MEDICAL REPRESENTATIVE • FERRING PHARMACEUTICALS • JANUARY 2004 - AUGUST 2007**

## SKILLS

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Software skills: SPSS, STATA  
Skills in study design, study implementation, data collection and data management, including database design, data analysis.  
Work in teams including professionals from different disciplines.



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RESEARCHER**

## **EDUCATION**

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**PHD IN CLINICAL RESEARCH • OCTOBER 2015 • PARIS-EST UNIVERSITY-  
FRANCE**

Research subject: Stroke risk factors in the Lebanese population.

**MASTER IN PUBLIC HEALTH – EPIDEMIOLOGY AND BIostatistics • JULY  
2011 • FACULTY OF PUBLIC HEALTH - LEBANESE UNIVERSITY**

Research subject: Assessment of Self-Medication with Antibiotics among  
Lebanese Community pharmacists – A cross-sectional study.

**DOCTOR OF PHARMACY DEGREE • OCTOBER 2003 • FACULTY OF  
PHARMACY – LEBANESE UNIVERSITY**

Thesis subject: Short acting insulin analogues in type 1 and type 2 diabetes  
mellitus

## **PUBLICATIONS**

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Salameh P, Zeidan RK, Hallit S, Farah R, Chahine M, Asmar R,  
Hosseini H. Cardiovascular diseases and long-term self-reported  
exposure to pollution: Results of a national epidemiological study in  
Lebanon. J Cardiopulm rehabil Prev. 2018Nov 9.  
Doi:10.1097/HCR.378.



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Chahine R, Farah R, Chahoud M, Harb A, Tarabay R, Sauleau E, Godbout R. Assessing sleep quality of Lebanese high school students in relation to lifestyle: pilot study in Beirut. *East Mediterr Health J.* 2018 Oct 10;24(8):722-728. Doi: 10.26719/2018.24.8.722.

Cherfan M, Blacher J, Asmar R, Chahine MN, Zeidan RK, Farah R, Salameh P. Prevalence and risk factors of hypertension: A nationwide cross-sectional study in Lebanon. *J Clin Hypertens (Greenwich).* 2018 May;20(5):867-879. doi: 10.1111/jch.13268.

Salameh P, Chahine M, Hallit S, Farah R, Zeidan RK, Asmar R, Hosseini H. Hypertension prevalence and living conditions related to air pollution: results of a national epidemiological study in Lebanon. *Environ Sci Pollut Res Int.* 2018 Apr;25(12):11716-11728. doi: 10.1007/s11356-018-1411.

Akiki R, Farah R, Chahine R. Lebanon High school students' perception of Nursing as a profession: a pilot study in the Kesrouan region. *Revue Francophone Internationale de Recherche Infirmière* 2018 Feb 28 (4); 179-185. doi: 10.1016/j.refiri.2018.02.003.

Salameh P, Farah R, Hallit S, Zeidan RK, Chahine MN, Asmar R, Hosseini H. Self-reported history of stroke and long-term living conditions near air pollution sources: results of a national epidemiological study in Lebanon. *Environ Monit Assess* 2018 Feb 20;190(3):153. doi: 10.1007/s10661-018-6545-2.

Zeidan RK, Farah R, Chahine MN, Asmar R, Hosseini H, Salameh P,



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Pathak A. Prevalence and correlates of coronary heart disease: first population-based study in Lebanon. *Vasc Health Risk Manag.* 2016 Mar 17;12:75-84.

Farah R, Zeidan RK, Chahine MN, Asmar R, Chahine R, Salameh P, Pathak A, Hosseini H. Predictors of uncontrolled blood pressure in treated hypertensive individuals: First population-based study in Lebanon. Accepted in the *Journal of Clinical Hypertension* November 2015.

Farah R, Zeidan RK, Chahine MN, Asmar R, Chahine R, Salameh P, Hosseini H. Prevalence of Stroke Symptoms Among Stroke-Free Residents: First National Data From Lebanon. *Int J Stroke.* 2015 Oct;10 Suppl A100:83-8.

Farah R, Lahoud N, Salameh P, Saleh N. Dispensing antibiotics by Lebanese pharmacists: a higher and lower socio-economic levels comparison. *J Infect Public Health.* 2015 Jan-Feb;8(1):37-46.



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