# ZEINA AKIKI - RACHED

Lebanese - Born on March 14, 1980 - Married

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# PhD in Public Health Specialty: Epidemiology

#### **EDUCATION**

2012-2016 PhD in Public Health – Specialty: Epidemiology

Thesis evaluation: Very honorable

"Paris Saclay / Paris-Sud XI University, Doctoral school of Public Health, EDSP and Inserm, UMR-S 1168", Paris and "Lebanese University, Doctoral School of Sciences

and Technology, EDST", Hadath.

Thesis title: Biological markers for chronic obstructive pulmonary disease and

asthma.

2010-2011 MASTER II Sciences in Bio-health; Specialty: Epidemiology and Biostatistics

"Lebanese University, EDST", Hadath.

Second in the year (rank: 2/13; Grade A, 16.7/20).

2009-2010 MASTER I Public Health; Specialty: Epidemiology and Biostatistics

"Lebanese University, Faculty of Public Health II", Fanar.

First in the year (rank: 1/30; Grade A, 17.6/20).

2001 BS in Laboratory Sciences

"Lebanese University, Faculty of Public Health II", Fanar.

1997 EXPERIMENTAL SCIENCES

"Collège des Sœurs des Saints Cœurs", Kfardebian.

#### PROFESSIONAL EXPERIENCE

2014/2015 **ASSOCIATE PROFESSOR, part time** 

academic year "Lebanese University, Faculty of Public Health II", Fanar

till present Graduate students; Major: Public Health

Courses: Field epidemiology & advanced statistical methods/models

Jury member for the thesis of master students in epidemiology and biostatistics for:

- o Dr. Georges CHOUEIRY Thesis title "Automation of data analysis methods in epidemiology" 2018.
- o Mr. Charbel YAHCHOUCHY Thesis title "Gestion du traitement de la bronchite chronique et de la BPCO" 2018.
- o Dr. Ismael MAATOUK Thesis title "Epidemiological profile of urticaria in Lebanon: a case-control study" 2017.
- $\circ$  Dr. Rony ZEENY Thesis title "Evaluation of anemia therapy in hemodialysis patients" 2016.
- o Mr. Maryo BAAKLINI. Thesis title "L'évolution de la consommation d'antibiotiques au Liban entre 2004 et 2015" 2016
- Ms. Rita KHOURY and Ms. Elissa RADI Thesis title "L'exposition intrautérine et durant l'enfance au tabac et à l'alcool et son association avec l'asthme infantile" – 2016.

2017/2018 academic year: Director - Master thesis in epidemiology and biostatistics for Ms. Jinan ARAB. Thesis title: "Association between eosinophilic mediators and asthma among adults in the epidemiological study on the genetics & environment of asthma (EGEA)".

August 2018 till present

#### **ASSISTANT PROFESSOR, part time**

"Balamand University, Faculty of Health Sciences", Achrafieh and Koura Undergraduate students; Majors: Public Health, Nursing, Medical Laboratory and Nutrition

Courses: Principles of Epidemiology and Biostatistics, Epidemiology in Public Health Practice, and Research methods

"Notre Dame Louaize University, Faculty of Nursing & Health Sciences", Barsa. Graduate and undergraduate students; Majors: Nutrition and food safety and quality Courses: Principles of epidemiology, Epidemiology and Biostatistics, and Research methods

"Université Saint Joseph, ISSP", Beirut Graduate students; Major: Public health Courses: Epidemiology, and Biostatistics

2017/2018 & 2018/2019 academic years

#### **ASSISTANT PROFESSOR, part time**

"Sainte Famille University, Faculty of Public Health", Batroun. Graduate students; Majors: Health management and Molecular Biology Course: Biostatistics using SPSS

January 2018 till present

**COORDINATOR,** INSPECT-LB (Institut National de Santé Publique, d'Épidémiologie Clinique et de Toxicologie), Clinical epidemiology axis.

January till August 2017

#### FRRP ADMINISTRATOR

Faculty of Medicine, "American University of Beirut Medical Center", Beirut Tasks: Helping residents in the conduct of their research projects from writing the proposal till submitting the manuscript to a journal, delivering educational sessions related to the research process, and administering the Fellowship and Residency Research Program (FRRP).

2016/2017 academic

**ASSISTANT PROFESSOR, part time** 

year

"Balamand University, Faculty of Health Sciences", Koura

Undergraduate students; Major: Public Health, Nursing, Medical Laboratory and

Nutrition

Course: Principles of Epidemiology and Biostatistics

"Notre Dame Louaize University, Faculty of Health Sciences, Barsa Graduate students; Majors: Nutrition and Food Safety and quality

Course: Research methods

September 2012 till

**EPIDEMIOLOGIST** 

December 2016

"Ministry of Public Health", Epidemiological surveillance unit, Beirut

2016: In charge of school absenteeism surveillance program

2012 – 2015: National coordinator for meningitis surveillance program (and also till September 2014 national coordinator for AFP/polio surveillance program)

March 2012 - May

**RESEARCH ASSISTANT, part time** 

2014

Faculty of Medicine, "American University of Beirut Medical Center, AUBMC",

Beirut – FRRP program

2005 - August 2012

LABORATORY TECHNICIAN

Departments: biochemistry, hematology, microbiology, serology, immunology and

blood bank with night shifts; "Saint Charles Hospital", Hazmieh

2008 - 2009

LABORATORY TECHNICIAN, part time

"Hazmieh International Medical Center", Hazmieh

2004 - 2005

MEDICAL REPRESENTATIVE

"Saramed s.a.r.l.", Achrafieh

2002 - 2004

LABORATORY TECHNICIAN, quality control

"Junal s.a.r.l.", Fanar

# **PUBLICATIONS**

2019

**Akiki Z**, Andrianjafimasy M, Zerimech F, Le Moual N, Siroux V, Dumas O, Matran R, Nadif R. High level of fluorescent oxidation products and worsening of asthma

control over time. Respir Res. 2019 Sep 6;20(1):203.

2018

**Akiki Z**, Hallit S, Layoun N, Cherfane M, Sacre H, Waked M, Salameh P. Validation of the St George's Respiratory Questionnaire and risks factors affecting the quality of life of Lebanese COPD and asthma patients. J asthma. 2018 Oct 25:

1-10.

Assaad S, **Akiki Z**, Rabah, Z, Daou S, Costanian C. Factors associated with premenstrual syndrome and its different symptom domains among university students in Lebanon. Int J Womens Health Wellness. 2018 April 21; 4(1).

2017

Andrianjafimasy M, Zerimech F, **Akiki Z**, Huyvaert H, LeMoual N, Siroux V, Matran R, Dumas O, Nadif R. Oxidative stress biomarkers and asthma characteristics in adults of the EGEA study. Eur Respir J. 2017 Dec 28;50(6).

Fakih D, **Akiki Z**, Junker K, Medlej-Hashim M, Waked M, Salameh P, Holmskov U, Bouharoun-Tayoun H, Chamat S, Sorensen GL, Jounblat R. Surfactant Protein D (SP-D) multimerization and gene polymorphism in COPD and asthma. Respirology. 2017 Sep 28.

**Akiki Z**, Rava M, Diaz Gil O, Pin I, le Moual N, Siroux V, Guerra S, Chamat S, Matran R, Fitó M, Salameh P, Nadif R. Serum cytokine profiles as predictors of asthma control in adults from the EGEA study. Respir Med. 2017 Apr;125:57-64.

2016

**Akiki Z**, Fakih D, Jounblat R, Chamat S, Waked M, Holmskov U, Sørensen G L, Nadif R, Salameh P. Surfactant Protein D, a clinical biomarker for COPD with excellent discriminant values. Exp. Ther. Med. 2016 Mar;11(3):723-30.

2012

Salameh P, Waked M, Khoury F, **Akiki Z**, Nasser Z, Abou Abbass L, Dramaix M. Chronic Bronchitis Study Group. Waterpipe smoking and dependence are associated with chronic bronchitis: a case-control study in Lebanon. East Mediterr Health J. 2012 Oct; 18(10):996-1004.

Salameh P, Salame J, Khayat G, Akhdar A, Ziadeh C, Azizi S, Khoury F, **Akiki Z**, Nasser Z, Abou Abbass L, Saadeh D, Waked M. Exposure to outdoor air pollution and chronic bronchitis in adults: a case-control study. Int J Occup Environ Med. 2012 Oct; 3(4):165-77.

### **COMMUNICATIONS**

September 2018

Poster - "European Respiratory Society, ERS International Congress", Paris,

France

Andrianjafimasy M, **Akiki Z**, Zerimech F, Le Moual N, Siroux V, Dumas O, Matran R, Nadif R. "Associations between Fluorescent Oxidation Products (FlOPs) level and change in asthma outcomes".

April 2017

Poster - "Lebanese Association for the Advancement of Science, LAAS", Lebanese

University, Fanar, Lebanon

Makdissia R, **Akiki Z**, Messarra N, Bou-Mitri C. "Food Packaging Quality, Safety and Healthiness: Lebanese Consumer Perspective".

September 2014

Poster discussion - "European Respiratory Society, ERS", Munich, Germany **Akiki Z**, Fakih D, Jounblat R, Chamat S, Waked M, Sorensen GL, Nadif R, Salameh P. "SP-D as a biomarker for COPD in the Lebanese population".

March 2014

Poster - "Lebanese Association for the Advancement of Science, LAAS", Lebanese University, EDST, Hadath, Lebanon

**Akiki Z**, Fakih D, Jounblat R, Chamat S, Waked M, Sorensen GL, Nadif R, Salameh P. "SP-D as a biomarker for COPD in the Lebanese population" (preliminary results).

July 2013 Poster - University, EDST (2<sup>nd</sup> prize)

**Akiki Z**, Fakih D, Jounblat R, Chamat S, Waked M, Sorensen GL, Nadif R, Salameh P. "Validity of serum Surfactant Protein D as a lung specific biomarker for the diagnosis and therapeutic follow-up of patients with COPD, asthma and chronic bronchitis".

**LANGUAGES** 

Arabic, French, English: Read, spoken and written

**COMPUTER KNOWLEDGE** 

SPSS, Microsoft Pack Office, Epi-info, Oracle

**INTERESTS** 

Reading, swimming, and outdoor activities

**REFERENCES** 

Prof. SALAMEH Pascale, Lebanese University, Lebanon

pascalesalameh1@hotmail.com

Dr. NADIF Rachel, INSERM, France <a href="mailto:rachel.nadif@inserm.fr">rachel.nadif@inserm.fr</a>