

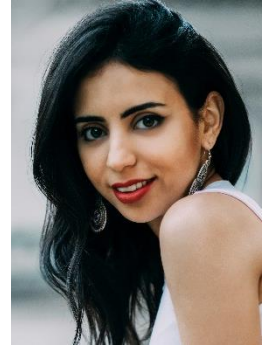
Elissa Naim

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Born on November 30, 1990 – Lebanon



Education

- **2018: Ph.D. in Agriculture and Food Science (Plant Biology)**, Co-Tutelle program between Sorbonne Université (Paris 6) – Ecole Doctorale Complexité du Vivant (ED515) - Paris – France and the Lebanese University - Ecole Doctorale des Sciences et Technologie - Hadath – Liban (“Très honorable” avec félicitation du jury)

Thesis: The oxidative modifications in the macromolecules of sunflower seed during germination

- **2014: MSc in Food Technology** (Overall GPA: 93.33/100); Holy Spirit University of Kaslik (USEK) - Lebanon

Thesis: Fat Substitution by Whey Protein and Gum Tragacanth in Halloumi Production (95/100)

- **2011: BSc in Nutrition and Dietetics** (4th among 49); Saint Joseph University (USJ), Medical Science Campus, Beirut, Lebanon
- **2009: Bac. 2nd part- Life Sciences’ section** (Collège Saint Joseph Aintoura)

Professional Experience:

- **2013 – Present: Dietitian**, Jounieh.
- **2019 – Present: Dietitian**, Zouk Mosbeh (Nutrition related to mental disorders).
- **2019 – Present: Collaborator in Nutrition Start-Ups (Paris)**: Nutrition and health start-ups in collaboration with universities, CHUs and professional sports centers in Paris.
- **2019 – Present: Contributing writer in “Le Cèdre” newspaper (Paris)** being responsible of the nutrition segment.
- **2019 – Present: Jury member and invited member** of theses and seminars of the students of the Nutrition program at the Lebanese University-Fanar.

- **2019 – Present: Member in the research team** of Pr. Haddarah at the Doctoral School of Science and Technology of the Lebanese University-Hadath, collaborating with the master's students in their work and papers.
- **2014 – 2015: Community Nutrition Promoter** at Relief International NGO, assessing children and pregnant and lactating women's health (Lebanese or Syrian Refugees) in Lebanon
- **2014: Nutrition Resident** at Hotel Dieu de France Hospital, assessing and following patients' health
- **2014: USJ Assistant Instructor** in “ Stage d'initiation à la diététique” (**intensive course**), being responsible of introducing students to the dietetic part in the hospital, discussing case studies, experiencing the food safety system in the hospital kitchen and the working method principle of hospital dietitians at Hotel Dieu de France Hospital
- **2013-2014: Food Safety Inspector (Municipality of Jounieh)**, being responsible for inspections and reports of all supermarkets, fast food chains, restaurants, hotels and bakeries in Jounieh city
- **2013: Event Planner** in Jounieh International Festival, full time job as an organizer in Jounieh International Festival 2013: Media marketing, public relations, organizing cultural, environment related events and concerts, communication with universities, celebrities, and citizens

Publications:

Published:

- **Naïm, E.**, Humblot, V., Meimoun, P. and El-Maarouf-Bouteau, H. (2017). Declaration of patent entitled “Seed Reader” in collaboration with the french CNRS n°10573-01.
- De Bont, L*., **Naim, E***., Arbelet-Bonnin, D., Xia, Q., ... Bouteau, F. (2019). Activation of plasma membrane H⁺-ATPases participates in dormancy alleviation in sunflower seeds. *Plant Science*, 280, 408-415.

*Participate equally to the work.

Submitted:

- **Naïm, E.**, Haddara, A., Chkeir, M. The effect of borage, ginger, and fennel extracts on acrylamide formation in French fries in deep and electric air frying.
- **E. Naïm**, A. Peaucelle, A. Lehner, B. Gugi, C. Bailly, M. Tabcheh, A. Haddara, P. Meimoun, H. El-Maarouf-Bouteau. Cell wall loosening during dormancy alleviation in sunflower seeds.

In process of submission:

- B. Hojeij, D. Ezzedine, **E. Naïm**, R. Mansour, and M. Hoteit. Feeding Behavior and Eating Habits of Children with Disabilities.
- R. Nohra, **E. Naïm**, T. Chaaban. Assessing the impact of Covid-19 pandemic on eating habits in Lebanon.
- **E. Naïm**, L. Matheron-Duriez, V. Humblot, M. Daventure, Jingfang Hao, B. Gakière, M. Tabcheh, A. Haddara, C. Bailly, H. El-Maarouf-Bouteau, P. Meimoun. Proteomics of protein-bound methionine oxidation in sunflower seed.
- **E. Naïm**; C. Hosri. Fat mimetics in lower-fat cheeses: Review.

Oral Communications:

- **Naïm, E.**, Peaucelle, A., Lehner, A., Matheron-Duriez, L., Humblot, V., Daventure, M., Hao, J., Gakière, B., Bailly, C., Tabcheh, M., Haddara, A., Meimoun, P. and El-Maarouf-Bouteau, H. (2017). The oxidative modifications in the macromolecules of sunflower seed during germination. 3rd Doctorale Forum, EDST, Hadath, Liban. September 27-28, 2017.

Jury Member:

Master's thesis of Lebanese University students:

- Complementary Feeding Among Toddlers between 1 and 3 Years and Its Relation with Health Problems in Daycares across Lebanon.
- Analyse Des Residus de Pesticides Dans Les Fruits Bio Produits Au Liban.

Posters:

- **Naïm, E.**, Peaucelle, A., Lehner, A., Gugi, B., Bailly, C., Tabcheh, M., Haddara, A., Meimoun, P. and El-Maarouf-Bouteau, H. (2017). Cell wall loosening during dormancy alleviation in sunflower seeds. 2nd Doctorale Forum, EDST, Hadath, Liban. September 27-28, 2017.
- **Naïm, E.**, Meimoun, P., Lehner, A., Gugi, B., Laggoun, F., Bailly, C., Tabcheh, M., Haddara, A. and El-Maarouf-Bouteau, H. Pectin Methyl-Esterase (PME) involvement in the germination of sunflower seeds. (2017). 11^{es} Journées du Réseau Français des Parois, Orléans, France. June 27-29, 2017.

Certificates and Technical Training:

- **2013 (2 months): Food Technology and Safety Intern** at Hawa Chicken (Safra), being involved in the daily food safety control tasks, food related processing, microbiological daily swabs and tests in addition to special workshops.

- **2011 (1 month): Nutrition Intern** at Le Gabarit Diet Center by Mrs. Mireille Rizk Corbani

- 1) Clinical work: To become familiar with IN -BODY and TANITA: body composition analyzers knowing the nutritional product that can be put in a clinic.

- 2) In the kitchen: ACTIVE MEMBER among the dietitians controlling the needs of each client's diet center, checking the boxes of each client, knowing the standards of hygiene, implemented by Boecker public health company , in the kitchen and among employees , observing the work cycle from the provider to delivery boxes.

- **2011 -2012 (1 year): Hospital Nutrition Intern** at Hotel Dieu De France hospital, divided into two parts: the first FOOD PRODUCTION and the second Clinical Nutrition in which there was direct contact with resident doctors and patients for nursing educations diet appropriate for each case in addition to the current issues on what's new in world nutrition and finally scientific assignments presented to the head dietitians followed by discussion to master the clinical pathological subjects.

- **2011 (1 month): Pharmacy Intern** at Saint Maroun Pharmacy Jounieh - Become familiar with the different families of drugs and their trade names.

Computer Skills:

Microsoft Office applications, SPSS, OriginPro.

Languages:

-Arabic: native language

-French: fluent

-English: fluent

-Spanish: beginner

Personal Interests:

Reading, Latino dancing (Step by Step Sarba), singing (chorister), social activities + (founding member of the Pastoral Hotel Dieu De France), sports (Central gym).

References:

Pr. Hayat Bouteau

Professor in charge of the agri-food specialty, Polytech Sorbonne, UMR 7622, Developmental Biology, IBPS, Seed Biology, mail box 24, Jussieu, 75252 Paris cedex 05.

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Dr. Patrice Meimoun

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Pr. Françoise Corbineau

Vice President Means and Resources, Professor UMR 7622, Developmental Biology, IBPS, Seed Biology, mail box 24, Jussieu, 75252 Paris cedex 05.

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Pr. Mohammad Tabcheh

Professeur au Laboratoire de Chimie Appliqué (LCA), Université Libanaise III, Tripoli, Liban.

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Pr. Joseph Matta

Head of the laboratories of the Industrial Research Institute (IRI), Professor at Université Saint Joseph (USJ).

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Pr. Amira Haddara

Professor at Lebanese University in the Health and Agriculture department and the doctoral school (EDST) of the Lebanese University, Hadath-Lebanon.

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Pr. Maha Hoteit

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