
Nisreen Ahmad Mourad

Clinical Associate Professor

BIOGRAPHY

Dr. Nisreen Mourad is a clinical associate professor at the Lebanese International University (LIU) where she earned her Bachelor of Pharmacy (BPharm) and Doctor of Pharmacy (PharmD) degree. Dr. Mourad also holds a Research Master degree in Pharmaceutical Biotechnology from the Lebanese University (LU). She has joined LIU from the year 2011 and still. Previously, Dr. Mourad was appointed as an Experiential Education Coordinator and currently as the Chairperson for the Pharmaceutical Sciences Department; in addition she teaches various courses among which are the Pharmaceutics, Pharmacokinetics, Pharmacotherapeutics and Pharmacy Practice Experience (PPE) courses. Dr. Mourad has presented in both local and international conferences in fields of academic pharmacy, emergency pharmacy, pharmacoconomics, community pharmacy and health and medicines information.

EDUCATIONAL BACKGROUND

- 2017 -** **Degree:** MS
2018 * **Title:** Research Master degree in Pharmaceutical Biotechnology
 University: Lebanese University (LU)
- 2010 -** **Degree:** PharmD
2011 **Title:** Doctor of Pharmacy (PharmD)
 University: Lebanese International University (LIU)
- 2003 -** **Degree:** BS
2008 **Title:** Bachelor of Pharmacy (BPharm)
 University: Lebanese International University (LIU)
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PROFESSIONAL EXPERIENCE - Academic Experience

- 2021 -** **Institute:** Lebanese International University (LIU)
Pres **Title:** Clinical Associate Professor
 Responsibilities: Chairperson of Pharmaceutical Sciences Department, lecturer, preceptor on clerkship rotations during Pharmacy Practice Experience (PPE) courses

- 2020 - 2021** **Institute:** Lebanese International University (LIU)
Title: Clinical Associate Professor
Responsibilities: Experiential education coordinator, lecturer, preceptor on clerkship rotations during Pharmacy Practice Experience (PPE) courses
- 2014 - 2020** **Institute:** Lebanese International University (LIU)
Title: Clinical Assistant Professor
Responsibilities: Experiential education coordinator, lecturer, preceptor on clerkship rotations during Pharmacy Practice Experience (PPE) courses
- 2011 - 2014** **Institute:** Lebanese International University (LIU)
Title: Clinical Instructor
Responsibilities: Lecturer, preceptor on clerkship rotations during Pharmacy Practice Experience (PPE) courses

PROFESSIONAL EXPERIENCE - Relevant Field

- 2008 - 2010** **Institute:** Al-Rahma Pharmacy
Title: Community Pharmacist
Responsibilities: Counseling patients, dealing with medical representatives, dispensing and ordering medications

SPECIAL COURSES AND TRAININGS

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| 2023 | IV Fluid Management & Sterile Compounding Updates Course, What the Pharmacist Should Know | IVPN |
| 2020 | Enhancing Academic Leadership Horizons in Trying Times | International Pharmaceutical Federation (FIP) and American Association of Colleges of Pharmacy (AACP) |
| 2020 | Addiction Treatment: Clinical Skills for Healthcare Providers | Yale University |
| 2020 | Foundations of Public Health Practice: The Public Health Approach | Imperial College London |

2020	Living with Dementia: Impact on Individuals, Caregivers, Communities and Societies	Johns Hopkins University
2020	Patient Safety and Quality Improvement: Developing a Systems View (Patient Safety I)	Johns Hopkins University
2020	Diabetes - a Global Challenge	University of Copenhagen
2019	The 4 th Regional Pharmacy Faculty Development Workshop on Taking Your Experiential Program to the Next Level	Al Ain University, Abu Dhabi, United Arab Emirates
2018	2018 ACCP International Symposium: Pharmacists and the Heart: Advancing Care for Patients with Cardiovascular Disease	American College of Clinical Pharmacy (ACCP)

PUBLICATIONS - CONFERENCES

- 2020** Mourad N, Elkak A, Younes S. Study of the Occurrence of Aflatoxin M1 in Raw Cow's Milk Samples in the Bekaa Valley, Lebanon. FIP Virtual 2020 Event, Online from 4 to 25 September 2020.
- 2020** Younes S, Rahal M, Mourad N. Awareness and Knowledge of Chronic Kidney Disease among the Lebanese Community: A Cross-sectional Study. FIP Virtual 2020 Event, Online from 4 to 25 September 2020.
- 2019** Mourad N. Update on the Syrian refugee situation: Lebanese pharmacists' perspective. The 79th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2019, Abu Dhabi, United Arab Emirates from 22 to 26 September 2019.
- 2019** Mourad N. Be the change we want to see in the future — The role of young pharmacists. The 79th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2019, Abu Dhabi, United Arab Emirates from 22 to 26 September 2019.
- 2019** Mourad N, Rahal M, Younes S. Effect of pictogram-based instructions on the Lebanese population's comprehension of medication orders. The 79th FIP

World Congress of Pharmacy and Pharmaceutical Sciences 2019, Abu Dhabi, United Arab Emirates from 22 to 26 September 2019.

- 2019** Younes S, Hammoudi Halat D, Rahal M, Mourad N. First Aid Knowledge among Pharmacy Students in a Lebanese University. The 79th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2019, Abu Dhabi, United Arab Emirates from 22 to 26 September 2019.
- 2019** Younes S, Rahal M, Mourad N. Undergraduate pharmacy students: factors influencing their choice of the university. The 79th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2019, Abu Dhabi, United Arab Emirates from 22 to 26 September 2019.
- 2019** Younes S, Rahal M, Mourad N. Undergraduate pharmacy students' satisfaction towards their choice of pharmacy as a profession. The 79th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2019, Abu Dhabi, United Arab Emirates from 22 to 26 September 2019.
- 2019** Hammoudi Halat D, Sayed R, Saty H, Farah Z, Mourad N, Younes S, Rahal M. Comparison of two methods for acne vulgaris counseling among university students in Bekaa, Lebanon. The 79th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2019, Abu Dhabi, United Arab Emirates from 22 to 26 September 2019.
- 2019** Mourad N, Rahal M, Hammoudi D, Younes S. Formative assessment and feedback: A key for a better educational experience. The 9th International Arab Conference on Quality Assurance in Higher Education (IACQA 2019). Lebanese International University, Khyara, Lebanon from 9 to 11 April 2019.
- 2019** Younes S, Rahal M, Hammoudi D, Mourad N. Motivation, satisfaction and career intentions of pharmacy students. The 9th International Arab Conference on Quality Assurance in Higher Education (IACQA 2019) and the 2nd Conference of the School of Pharmacy at LIU: «Consolidation of Pharmacy Education and Practice through Quality Indicators». Lebanese International University, Khyara, Lebanon, 11 April 2019.
- 2019** Hammoudi Halat D, Mourad N, Younes S, Rahal M. Shall we collaborate in the classroom? Rewards and challenges of team teaching. The 9th International Arab Conference on Quality Assurance in Higher Education (IACQA 2019). Lebanese International University, Khyara, Lebanon from 9 to 11 April 2019.
- 2018** Mourad N. Thyroid Disorders: Patient Education on Hypothyroidism and Hyperthyroidism. The 26th Annual Congress of the Lebanese Order of Pharmacists, Beirut, Lebanon from 16 to 18 November 2018.

- 2018** Freiha A, Younes S, Mourad N, Rahal M, El Mais R. A survey of antibiotics misuse and resistance among school teachers in Bekaa Valley, Lebanon. The 78th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2018, Glasgow, United Kingdom from 2 to 6 September 2018.
- 2018** Mourad N, Younes S. Health behavioural changes among Lebanese pharmacy students in the Bekaa region during two semesters. The 78th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2018, Glasgow, United Kingdom from 2 to 6 September 2018.
- 2018** Mourad N, Rahal M, Hammoudi D, Hendaus M, Younes S. Attitudes and practices of Lebanese pharmacy students toward sun protection and sunscreen use. The 78th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2018, Glasgow, United Kingdom from 2 to 6 September 2018.
- 2018** Mourad N, Rahal M, Hammoudi D, Younes S. Flu vaccination: uptake and attitudes among Lebanese university students after an awareness campaign. The 78th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2018, Glasgow, United Kingdom from 2 to 6 September 2018.
- 2018** Younes S, Rahal M, Mourad N. Awareness campaign about chronic kidney disease in bekaa valley, lebanon. The 78th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2018, Glasgow, United Kingdom from 2 to 6 September 2018.
- 2018** Younes S, Rahal M, Hammoudi D, Hendaus M, Mourad N. Public knowledge, attitudes and practice towards vitamin supplements in bekaa valley, lebanon. The 78th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2018, Glasgow, United Kingdom from 2 to 6 September 2018.
- 2018** Younes S, Rahal M, Mourad N. Epilepsy knowledge and awareness among pharmacy students in a lebanese university. The 78th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2018, Glasgow, United Kingdom from 2 to 6 September 2018.
- 2018** Hammoudi D, Younes S, Mourad N, Hendaus M, Rahal M. Knowledge and practice of community pharmacists regarding acne vulgaris: a cross-sectional survey. The 78th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2018, Glasgow, United Kingdom from 2 to 6 September 2018.
- 2017** Mourad N. How can we avoid medication errors? The International Pharmaceutical Students' Federation (IPSF) 6th Eastern Mediterranean Pharmaceutical Symposium (EMPS), Kuwait from 14 to 18 July 2017.

- 2016** Mourad N. Updates in Endocrinology: A Focus on Diabetes. The 19th Congress of the Association of Pharmacy Colleges in the Arab World and the International Conference of the School of Pharmacy, Lebanese International University (LIU), Bekaa, Lebanon from 18 to 20 October, 2016.
- 2016** Mourad N, Rahal M, Younes S. Preferred weight management strategies among overweight and obese adult Lebanese population. The 76th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2016, Buenos Aires, Argentina from 28 August to 1 September 2016.
- 2016** Mourad N, Younes S. Influenza vaccination: uptake and attitudes among university students in Bekaa, Lebanon. The 76th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2016, Buenos Aires, Argentina from 28 August to 1 September 2016.
- 2016** Younes S, Mourad N, Rahal M. Knowledge and practices of mothers with under-five children on diarrhea management in Lebanon. The 76th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2016, Buenos Aires, Argentina from 28 August to 1 September 2016.
- 2016** Younes S, Mourad N, Algahim Y, Mohammed S. Adherence to practice guidelines in hospitalized adult patients with community-acquired pneumonia in Bekaa valley, Lebanon: a prospective study. The 76th FIP World Congress of Pharmacy and Pharmaceutical Sciences 2016, Buenos Aires, Argentina from 28 August to 1 September 2016.
- 2012** Mourad N, EL-HajKhalil M, Younes S. Statin's cost-effectiveness: A Lebanese analysis of commonly prescribed statins in Bekaa Area, Lebanon. The 22nd Annual Congress of the Lebanese Order of Pharmacists, Beirut, Lebanon from 24 to 26 October 2014.
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PUBLICATIONS - JOURNALS

- 2022** Malaeb D, Sallam M, Younes S, Mourad N, Sarray El Dine A, Obeid S, Hallit S, Hallit R. Knowledge, Attitude, and Practice in a Sample of the Lebanese Population Regarding Cholera. *Int J Environ Res Public Health*. 2022 Dec 4;19(23):16243. doi: 10.3390/ijerph192316243. PMID: 36498316; PMCID: PMC9735709.
- 2022** Mourad N, Mourad L, Mourtada R, Hendaus M, El Akel M, Rahal M, Younes S. Perspectives of refugees and community pharmacists on refugees's healthcare situation in Lebanon: Implication on pharmacy education and workforce. *Pharmacy Education* 2022; 22(1): 895-903. <https://doi.org/10.46542/pe.2022.221.895903>

- 2022** Sakr F, Fahs I, Dimassi A, Younes S, Mourad N, Safwan J, Akel M, Rahal M, Dabbous M. Experiential pharmacy education in trying times: Lessons learned from the COVID-19 pandemic. *Pharmacy Education* 2022; 22(1): 823-834. <https://doi.org/10.46542/pe.2022.221.823834>
- 2022** Younes S, Hammoudi Halat D, Rahal M, Hendaus M, Mourad N. Motivation, satisfaction, and future career intentions of pharmacy students: A cross-sectional preliminary analysis. *Curr Pharm Teach Learn.* 2022 Nov;14(11):1365-1372. doi: 10.1016/j.cptl.2022.09.026. Epub 2022 Sep 17. PMID: 36127276.
- 2022** Younes S, Mourad N, Safwan J, Dabbous M, Rahal M, Al Nabulsi M, Sakr F. Chronic kidney disease awareness among the general population: tool validation and knowledge assessment in a developing country. *BMC Nephrol.* 2022 Jul 26;23(1):266. doi: 10.1186/s12882-022-02889-2. PMID: 35883118; PMCID: PMC9316863.
- 2022** Mourad N, Seo S-W, Kahaleh AA. Do PharmD Graduates Have the Essential Competencies For Innovative Practices? *Am J Pharm Educ.* 2022;9100. doi: 10.5688/ajpe9100.
- 2021** Hammoudi Halat D, El Basset W, Mourad N, Younes S, Rahal M. Knowledge and Practice of Community Pharmacists Regarding Acne Vulgaris: A Cross-Sectional Descriptive Survey. *Arch. Pharm. Pract.* 2021;12(4):84-90. <https://doi.org/10.51847/cSV6NoQEnp>
- 2021** El Akel M, Rahal M, Dabbous M, Mourad N, Dimassi A, Sakr F. Experiential Education in Pharmacy Curriculum: The Lebanese International University Model. *Pharmacy* 2021;9(1),5. <https://doi.org/10.3390/pharmacy9010005>
- 2020** Hendaus M, Mousa M, Younes S, Hammoudi D, Rahal M, Mourad N. The Use of Antidepressants among Lebanese Population in Bekaa Valley: Knowledge and Perspective. *Global Journal of Medical Research: B Pharma, Drug Discovery, Toxicology & Medicine* 2020. Volume 20, Issue 8, Version 1.0.
- 2020** Hendaus M, Mourad N, Younes S, Hammoudi D, Rahal M, Basheti I. The Psychological Impact of the Syrian Crisis on Refugees Living in Lebanon. *Perspect Psychiatr Care* 2020;1–6. <https://doi.org/10.1111/ppc.12700>
- 2020** Hammoudi Halat D, Cherfan M, Mourad N, Rahal M. Highlights from a model for remote delivery of pharmacy laboratory courses: Design, implementation and student feedback. *Pharmacy Education* 2020;20(2);49-51. <https://doi.org/10.46542/pe.2020.202.4951>

- 2020** Younes S, Rahal M, Mourad N. Awareness and Knowledge of Chronic Kidney Disease among the Lebanese Community: A Cross-sectional Study. FIP Virtual 2020 Pharmaceutical Practice: Health & Medicines Information. Pharmacy Education 2020;20(3):29-39. <https://doi.org/10.46542/pe.2020.203.2939>
- 2020** Mourad N, Elkak A, Younes S. Study of the Occurrence of Aflatoxin M1 in Raw Cow's Milk Samples in the Bekaa Valley, Lebanon. FIP Virtual 2020 Regulatory Sciences. Pharmacy Education 2020;20(3):133-137. <https://doi.org/10.46542/pe.2020.203.133137>
- 2019** Younes S, Rahal M, Hammoudi Halat D, Hendaus M, Mourad N. Public Knowledge, Attitudes and Practice towards Vitamin Supplements in Bekaa Valley, Lebanon. International Journal of Pharmacy and Technology 2019;11(4):31847-31858.

AFFILIATIONS

American Association of Colleges of Pharmacy (AACP). (2020)
International Pharmaceutical Federation (FIP). (2017)
Order of Lebanese Pharmacists (OPL). (2009)

SOFTWARE

Windows, Office, Internet and SoftPharm

LANGUAGES

English: Near native - fluent

Arabic : Native speaker

Spanish : Basic communication skills - working knowledge