

PERSONNEL INFORMATION

ABBAS ZEINAB



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Gender Female | Date of Birth 07/12/2983 | Nationality Lebanese

PROFESSION Rph, Pharm D, MSc, PhD

FEILD OF SEARCH Research & Public Health, Addiction

PROFESSIONNEL
EXPERIENCE

2013-present **Pharmacist in the Narcotics Department, Ministry of Public Health**
 Jnah-Beirut-Lebanon, Email : zeinab.abbass@hotmail.com , www.Moph.gov.lb

- National Opioid Substitution Treatment Program for opioid users
- Focal point for EMCDDA by the MOPH: 2020-2021
 - EU web survey on substance use 2020-2021
 - European treatment facility survey 2020-2021
- Contact Person for Operation ACRONYM, INCB
- Focal point for ARQ annual report, UNODC

Type or sector of activity : clinical follow-up/ control/ coordination/drug policy

2012-present **Lecturer Lebanese International University (LIU): School of Pharmacy**

Mouseitbeh-Beirut-Lebanon, Email : zeinab.abbass@liu.edu.lb , www.liu.edu.lb

- Department of Pharmacy practice, pharmacy practice Experience, clinical preceptor for fifth year clinical clerkship students
- Department of Pharmacy practice, pharmacy practice Experience, clinical preceptor for fourth year hospital pharmacy students
- Lecturer: Pharmacy Practice and Ethics, pharmacy seminar

Type or sector of activity : Academic

2008-2013 **Hospital Pharmacy, Rafic Hariry University Hospital**

Jnah-Beirut-Lebanon

- Hospital Pharmacist/Oncology
- Quality control Pharmacist
- Delegate in Opioids Substitution Therapy program (inpatients and outpatients) in coordination with the ministry of public health
- Delegate in various Clinical studies (inpatients and outpatients)

Type or sector of activity : Hospital & Clinical Pharmacy

- 2018-2022 **PHD in public Health**
 Doctoral school of chemical and biological science for health CBS2, University of Montpellier, France
- Subjects: bio-statistics, epidemiology, research ethics, research methodology, medical addictology, clinical pharmacy, supportive care, therapeutic patient education, management, scientific integrity ...
 - Epidémiologie & Biostatistique laboratory, faculty of Pharmacy, INSERM UMR 1058 : Pathogenesis & contrôle of chronic infections, Montpellier
 - **Thesis** : Quality of Life and Substance Use Among Syrian and Palestinian Refugees in Palestinian Camps in Lebanon: Predictors and Determinants
- 2016-2017 **Masters in clinical Pharmacy and pharmaco-epidemiology**
 Faculty of Pharmacy, Lebanese University, Beirut-Lebanon
- Subjects: bio-statistics, epidemiology, integration, research methodology, clinical pharmacy and patient monitoring
 - Thesis: Retention in Opioid Substitution Therapy: Predictors & Determinants in Lebanese National Program
- 2014-2015 **University Diploma, Integrated sustainability in healthcare**
 Faculty of Pharmacy, Lebanese University, Beirut-Lebanon
- Subjects: epidemiologies of chronic and non-communicable diseases, quality control and assurance, pharmaco-economics, analytical procedure and validation, guidelines for various diseases
- 2013-2014 **University degree, "Quality for Health professionals"**
 Faculty of Pharmacy, Lebanese University, Beirut-Lebanon
- Materials: Good Manufacturing Practices (GMP), pharmacovigilance, good storage and distribution practice (GSDP), drug registration in Lebanon, drug evaluation, stability studies, pre-formulation, validation, etc.
- 2010-2011 **Doctor of Pharmacy (Pharm. D)**
 Faculty of Pharmacy, Lebanese International University (LIU), Beirut-Lebanon
- Thesis: Evaluation of the use of corticosteroids in patients with septic shock. Poster published at the 46th ASHP Mid-Year Clinical Meeting and Exhibition, December 2013.
 - Subjects: clinical hospital training, patient monitoring and medical treatment evaluation in various hospital departments, medical monitoring and correction of errors.
- 2002-2007 **BS in Pharmacie**
 Faculty of Pharmacy, Lebanese International University (LIU), Beirut-Lebanon
- Materials: pharmacology, clinical pharmacies, galenics, botanicals, cosmetology, industrial pharmacies, pharmaco-economics, etc.

PERSONAL COMPETENCIES

- Languages
- Arabic (Native Language)
 - English : Fluent
 - French : Fluent

- Communication skills
- Good communication skills acquired through my experience as a program coordinator at the ministry of Public health and a lecturer at the university

- Organisational / managerial skills
- Leadership and management of the teams (currently responsible for control and coordination between the drug department and 10 treatment centers as well as 19 psychiatrists registered in the national program to provide Opioid substitution Treatment services, also drug delivery units. In addition of being responsible for the research team in the refugee camps in Lebanon (thesis project))
 - National Focal Point for UNODC (Annual AQR Questionnaire on Substance use)
 - Focal point for UNODC (stigma reduction for drug addicts 2019-2020)
 - Focal point for EMCDDA (EU online survey on drug use 2020-2021)
 - Focal point for EMCDDA (European survey on drug use treatment facilities 2020-2021)
 - Contact Point for INCB : ACRONYM Operation

- Employment-related skills
- Very good skills in control processes (currently in charge with the Head of Narcotics department in audit, control and monitoring of controlled substances and evaluation of psychoactive substances use in Lebanon)
 - Presentation skills : Being lecturer at the Lebanese international University, participated in many international conferences as presenter representing the ministry of public health
 - Projects coordination and supervision : project supervisor for many Pharm D students, focal points for several projects at MOPH by EMCDDA and UNODC/INCB

Digital competence

AUTOEVALUATION

Data processing	Communication	Content creation	Security	Problems solving
Advanced user	Advanced user	Independent user	Independent user	Independent user

- Statistics and developed program, SPSS
- Good knowledge of office suites (word processing, preparation of annual reports, evaluation of Protocols)
- Preparation of presentations and readings for professionals in the medical and pharmaceutical fields

- Other abilities
- Reading: membre of the Editorial Board and reviewer for the journal of Frontiers in Public Health, Frontiers in Psychiatry and Frontiers in Sociology
 - Research: participated in several researches in the medical and pharmaceutical field, two posters at the ASHP in the United States, five publications and three projects in process for publication

Driver's license Lebanese driver's license

ADDITIONAL INFORMATION

Publications

- Abbas Z, Eiden C, Salameh P, Peyriere H. Substance use among refugees in three Lebanese camps: A cross-sectional study. *Int J Drug Policy*. 2021 Aug;94:103204. doi: 10.1016/j.drugpo.2021.103204. Epub 2021 Apr 8. PMID: 33839597.
- Ghaddar A, Khandaqji S, Abbass Z. Challenges in implementing opioid agonist therapy in Lebanon: a qualitative study from a user's perspective. *Subst Abuse Treat Prev Policy*. 2018 Apr 19;13(1):14. doi: 10.1186/s13011-018-0151-8. PMID: 29673369; PMCID: PMC5909215.
- Ghaddar A, Abbas Z, Haddad R. Opiate agonist treatment to improve health of individuals with opioid use disorder in Lebanon. *Harm Reduct J*. 2017 Dec 8;14(1):78. doi: 10.1186/s12954-017-0204-8. PMID: 29216892; PMCID: PMC5721516.
- El-Khoury J, Abbas Z, Nakhle PE, Matar MT. Implementing opioid substitution in Lebanon: Inception and challenges. *Int J Drug Policy*. 2016 May;31:178-83. doi: 10.1016/j.drugpo.2016.02.015. Epub 2016 Feb 23. PMID: 27114000.

Technical Review

- Mapping of services for substance use disorders : prevention, treatment, rehabilitation, harm reduction, social re-integration ; Ministry of Public Health, Lebanon 2017
- Ministry of Public Health (MOPH). 2017. 2017 National Report on Drug Situation in Lebanon. Beirut: Lebanon.

Posters

- Z. Abbas, S. Rachides, N. Saleh, P. Salameh. Retention in Opioid Substitution Therapy in Lebanese National Program: Predictors and Determinants. Congrès de la Société Française de Pharmacologie et de Thérapeutique, 12-14 juin 2019, Poster PS1-001
- Évaluation de l'utilisation de corticostéroïdes chez les patients atteints de choc septique. Publié à la 46ème réunion clinique et exposition de mi- année de l'ASHP, décembre 2013
- Évaluation du rôle du pharmacien dans la prophylaxie chirurgicale antimicrobienne dans un hôpital libanais, publié dans le cadre de la 47e réunion clinique et exposition de mi- année de l'AHSP, décembre 2012

Presentations

- Zeinab Abbas, How prepared are monitoring systems to respond to rapidly changing drug markets in regions bordering the European Union?: Lebanon: responding to drug market changes in crisis situation ; Lisbon Addiction Conference, Portugal, Nov 23-25, 2022
- Zeinab Abbas, Findings from treatment facility survey (EFSQ) in Lebanon' ; Lisbon Addiction Conference, Portugal, Nov 23-25, 2022
- Zeinab Abbas, Advances and challenges in drug treatment monitoring : results from EFSQ survey in Lebanon, TDI Expert meeting, EMCDDA, Lisbon Jun 15, 2022
- Zeinab Abbas, Crisis situation in Lebanon, Findings on Substance Use from surveys, 10th Extended Reitox network meeting, EMCDDA, Lisbon, 11 May 2022
- Zeinab Abbas, Access to Controlled Substances During COVID 19 Pandemic, Meeting on Facilitating Timely Supply of and Access to Controlled Drugs during Emergency, International Narcotics Control Board (INCB), 19 March 2021 Virtual
- Zeinab Abbas, Access to Controlled Substances in Acute emergency: Beirut Port Explosion Model, Meeting on Facilitating Timely Supply of and Access to Controlled Drugs during Emergency, International Narcotics Control Board (INCB), 18 March 2021 Virtual
- Zeinab Abbas, Data on Substance Use in Lebanon, EMCDDA meeting, June 20, 2020, Lisbon-Portugal (Via Zoom)
- Zeinab Abbas, How COVID 19 affected Drug use situation In Lebanon, COVID-19 Information meeting, Jun 4, 2020 Lisbon-Portugal (via Zoom)

- Zeinab Abbas, Understand and address stigma for substance users ; policy & decision makers, UNODC réunion de consultation technique sur la réduction de la stigmatisation et la consommation de drogues, Vienna, Janvier 16, 2020
- Zeinab Abbas, Role of Pharmacist in substance use, journée scientifiques, ordre des pharmaciens Libanais, Septembre 22, 2019, Bekaa-Liban
- Zeinab Abbas, Substance use disorder (présentation en arabe) présenté durant un workshop dans le camp palestinien Bourj Shemali, 13 Juillet 2019, région Liban Sud
- Zeinab Abbas, Evaluation of national opioid Substitution treatment program In Lebanese population, EMCDDA meeting, Ministry of Public health, 7th jun, 2019, Beirut, Lebanon
- Zeinab Abbas, Bilan quantitatif et qualitatif de la mise en œuvre de la Buprénorphine, Université St Joseph, Journée Opiaces, Faculté de médecine, Institut supérieur en santé publique (ISSP), 11 Février 2019, Beyrouth, Liban
- Zeinab Abbas, Evaluation of national opioid Substitution treatment program In Lebanese population, EMCDDA meeting, Ministry of Public health, Beirut, Lebanon, Jun 2019
- Zeinab Abbas, Substance Use : Evaluation and Treatment, Presented in Lebanese Pharmacist congress, south Lebanon, in collaboration with the order of Lebanese Pharmacists, October 2017
- Zeinab Abbas, Available treatment for opioid Users in Lebanon, presented in annual Congress of Lebanese Pharmacists (order of Lebanese Pharmacists), 2015
- Zeinab Abbas, Evaluation of Lebanese Opioid Substitution Treatment Program in the regional conference of the UNODC/MENEHRA on harm reduction, OST and NPS, Morocco, 2014
- Zeinab Abbas, Evaluation of Lebanese Opioid Substitution Treatment Program in the second regional conference of MENEHRA on harm reduction, Beirut, 2013

Projets

- A Survey on Health Care Professionals' Attitude Toward Telemedicine, mental health, (project with PharmD students at the Lebanese International University, faculty of pharmacy)
- EU web survey on drug use 2020-2021 (focal point for EMCDDA by the Ministry of Public Health in Lebanon)
- European survey on drug use treatment facilities 2020-2021 (focal point for EMCDDA by the Ministry of Public Health in Lebanon)
- Knowledge, attitudes and beliefs on risk reduction among Lebanese pharmacists (project with PharmD students at the Lebanese International University, faculty of pharmacy)
- Knowledge, attitude and beliefs of emergency personnel in case of overdose (project with PharmD students at Lebanese International University, faculty of pharmacy)

Conferences &

Courses:

- Portuguese General Directorate for Intervention on Addictive Behavior and Dependencies (SICAD) & European Monitoring Centre for Drugs and Drug Addiction (EMCDDA), Fourth European Conference on Addictive Behaviors and Dependencies, Lisbon Addictions 2022, Lisbon 23-25 November, 2022
- European Monitoring Centre for Drugs and Drug Addiction (EMCDDA), Closing event of the Instrument for Pre-accession Assistance (IPA7) and the EU4Monitoring Drugs project (EU4MD) projects, Lisbon, 21-22 November 2022
- European Monitoring Centre for Drugs and Drug Addiction (EMCDDA), Expert meeting on Drug-Related Deaths (DRD), Lisbon (Online), 3-4 November 2022
- European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) 2022 EMCDDA expert meeting of the Treatment Demand Indicator and Treatment monitoring, Lisbon, 14–15 June 2022

- European Monitoring Centre for Drugs and Drug Addiction, 10th Extended Reitox network meeting, Lisbon, 11 May 2022
- New Technologies For Health Sciences, 18th Meeting for PHD Students in Health Science of Montpellier, ASSO CBS2, 26-27 May 2021 (Online Meeting)
- Meeting on Facilitating Timely Supply of and Access to Controlled Drugs during Emergency, International Narcotics Control Board (INCB), 18-19 March 2021 Virtual
- Pharmcovigilance Implementation On National level : Building an Efficient System ; The Quality Assurance of Pharmaceutical Products Program Ministry of Public Health in collaboration with WHO, Lebanon, 26 February 2021 (Virtual)
- Training on the GRIDS operational NPS counter-trafficking initiatives and intelligence sharing and development via the Project ION Incident Communication System (IONICS) and GRIDS intelligence tool; The International Narcotics Control Board (INCB), 24 February 2021 Virtual
- International Operation relating to Precursors-Operation ACRONYM, virtual pre-operational meeting; Central National Authorities for Project Prism and Cohesion, International Narcotics Control Board (INCB), January 26, 2021 Virtual.
- CBS2: Writing your first paper step by step, 02-04 Sep 2020, Montpellier-France (via starleaf)
- Doctoral school of Montpellier University: MOOC Research integrity in scientific professions, Sep, 2020, Montpellier-France (via starleaf)
- Doctoral school of Montpellier University: Mieux vivre ses interventions orales, Apr 2020, Montpellier-France (via starleaf)
- UNODC- the League of Arab States ; Regional webinar on the International Day Against Drug Abuse and Illicit Trafficking 2020 ; July 7, 2020 (via zoom)
- EMCDDA webinar on COVID-19 and drug supply via darknet markets - Wednesday July 1st, 2020. Lisbon-Portugal (via Zoom)
- BEESLINE; How to compound the safest hand sanitizer, June 8, 2020; Beirut-Lebanon (via zoom)
- Ministry of public health- Lebanese order of physicians-Lebanese orders of Pharmacists; COVID 19- Future How: what have we learned from the COVID-19 crisis and were do we go from here? May 11, 2020; Beirut-Lebanon (live webinar)
- WHO; Mental Health and Psychosocial wellbeing: Psychological first aid; April 16, 2020; Cairo (via webex)
- 23 congres de la SFPT, Lyon, Juin 12-14, 2019 (attestation)
- Journée Opiacée, Université St Joseph, Faculté de médecine, Institut supérieur en santé publique (ISSP), beyrouth, Liban Février 2019
- Congrès annuel de l'ISAM (International Society of Addiction medicine), Abou Dhabi, Novembre 24-29, 2017
- 48e Assemblée médicale du Moyen-Orient: le premier Congrès mondial sur la médecine des conflits; Université américaine de Beyrouth, du 11 au 14 mai 2017
- "CANNABIS - MYTHES ET RÉALITÉS" Journées scientifiques francophones de psychiatrie, Faculté de médecine, Université libanaise et USJ, 12 mai 2013; 2017
- Atelier d'économie de la santé, Janssen, Beyrouth-Liban, 27-28 avril 2016
- Réunion inter-pays sur la méthodologie des médicaments sous contrôle, Bureau régional de l'OMS pour la Méditerranée orientale, Le Caire, Égypte, 17-19 mai 2016.
- Conférence régionale de l'ONUUDC et du MENEHRA sur les programmes de réduction des risques, de TSO et de NPS, Maroc 2014

- MENAHRA deuxième conférence internationale pour la réduction des méfaits (a présenté une évaluation des OST dans la population libanaise) Juin 2013
- RESPADD - Réseau des Établissements de Santé pour la Prévention des Dépendances, formation à la désintoxication opioïde et à la thérapie de substitution, Hôpital universitaire Rafik Hariri; Novembre 2011
- Pharmacien: Source de l'information sur les médicaments et des conseils aux patients, Université internationale libanaise; Mai 2011
- Programme de compétences en négociation par Lilly, mai 2011
- Journée de l'oncologie, Ordre libanais du pharmacien; Septembre 2010
- Progrès récents dans la recherche et la technologie pharmaceutiques; Université arabe de Beyrouth; 6-7 mai 2010.
- Recherche clinique dans la région MENA: progrès et défis; 12 février 2010.
- Workshop on Negotiation Skills, mai 2010, parrainé par Elli Lilly.
- Annual Congres of Lebanese Order of Pharmacists, 2009-2019

Affiliations

Member of Lebanese Order of Pharmacists
Membre of the Editorial Board and reviewer for the journal of Frontiers in Public Health, Frontiers in Psychiatry and Frontiers in Sociology
Montpellier University, INSERM U 1058, Pathogenesis and Control of Chronic Infections (PCCI), Montpellier

References

- Elie Aaraj, Executive Director, Middle East and North Africa Harm Reduction Association, eaaraj@menahra.org
- Hélène Peyriere, Centre d'Addictovigilance (Responsable), Dpt Pharmacologie Médicale et Toxicologie, CHU Montpellier, h-peyriere@chu-montpellier.fr
- Joseph El Khoury, President of Lebanese Psychiatrist Society, order of Physicians, joeelkhoury@yahoo.com
- Marie-Therese Matar, Head of Narcotics Department, Ministry of Public Health, Lebanon narcotics@moph.gov.lb
- Marwan Akel, Clinical Associate Professor, Lebanese International University, marwan.akeh@liu.edu.lb
- Pascale SALAMEH, Professor of Epidemiology, Founder & Director, INSPECT-LB, pascalesalameh1@hotmail.com

ANNEXES

Documents provided upon requests

- Copies of Diplomas and certificates
- Training and employment certificates