

Jalal Dahham

BScEcon, MPS, PhD

Economic Advisor | Health Economics Researcher | Guest Lecturer | Peer-Reviewed

Journal Reviewer | PhD Co-Supervisor

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Education & Qualifications

- **PhD in Health Economics**

Maastricht University, Care and Public Health Research Institute (CAPHRI), Faculty of Health Medicine and Life Sciences, The Netherlands

January 2019 - October 2023

Dissertation title and link: [Economic burden of multiple sclerosis in low- and middle-income countries: a case study from Lebanon — Maastricht University](#)

This PhD journey afforded me the opportunity to contribute to the literature on economic evaluation guidelines and the economic burden of multiple sclerosis in low- and middle-income countries, with a focus on my home country, Lebanon.

Part of the PhD project was in collaboration with Nehme and Therese Tohme Multiple Sclerosis Centre at the American University of Beirut Medical Centre.

- **Masters degree in Economics & Management**

ISEM (Ecole Universitaire de formation de haut niveau au Management des entreprises),
Université Montpellier I, France

2007 - 2008

- **Bachelor's degree in Economics**

Lebanese University, Lebanon

2001 - 2005

Professional Experience

Senior Economic and Trade Policy Officer (Jul 2015 - Present)

Embassy of the Kingdom of the Netherlands in the State of Qatar

- Contributing to policy planning and economic policy files
- Identifying, analyzing, and reporting on general economic and geopolitical trends, as well as macroeconomic and sectoral opportunities and threats for Dutch businesses.
- Managing commercial portfolios: General Trade Requests, Health, Digitalization, and Sports
- Project management of special events and economic diplomacy programs
- Arranging high-level state visits

Health Economics Researcher

Maastricht University, Care and Public Health Research Institute (CAPHRI), Faculty of Health Medicine and Life Sciences, The Netherlands (Jan 2019 – Present)

[Maastricht Health Economics & Technology Assessment Centre/ ISPOR-SC](#)

<https://www.maastrichtuniversity.nl/maastrichttheta/affiliates>

Researcher and Coordinator of Health Economics division

INSPECT-LB (Institut National de Santé Publique, d'Épidémiologie Clinique et de Toxicologie-Liban) (Dec 2023 – Present)

[Jalal Dahham – INSPECT-LB](#)

Additional Academic Activities:

- Reviewer for peer-reviewed journals, including *PharmacoEconomics*, *Expert Review of Pharmacoeconomics & Outcomes Research*, and *PharmacoEconomics - Open*.
- Supervising a PhD candidate at Maastricht University.

Project Manager (Jul 2011 - Jun 2015)

Ministry of Communications and Information Technology in the State of Qatar

- Managed the deployment of the ICT investment strategy of the State of Qatar
- Contributed to the establishment and development of QITCOM Exhibition and Conference

CRM Project Leader (May 2008 - Feb 2010)

MedGulf Insurance & Reinsurance Company, Kingdom of Saudi Arabia

- Developed an automated contact center that supports multichannel communication

Freelance Content Developer (Apr 2009 - Jan 2010)

Motion Institute, Kingdom of Saudi Arabia

- Developed a CRM Professional Certification Program

Internal Audit Officer (Nov 2005 - Jun 2007)

MedGulf Insurance & Reinsurance Company, Kingdom of Saudi Arabia

- Applied internal audit procedures to facilitate the acquisition of the company's IPO license

Conferences

- Seminar on Health Economics Methodologies for Assessing the Economic Burden of Illnesses with Qatar University, September 2024.
- Speaker at the Health Technology Assessment and Health Economics Training Course with pharmaceutical and healthcare decision-makers in Lebanon, October 2024.
- Interviewed by Tele Liban, sharing insights on health economics, the healthcare landscape in Lebanon, and the economic burden of multiple sclerosis in Lebanon, July 2024.
<https://www.facebook.com/teleLiban/videos/887442536544383/>
- Delivered a Health Economics and Health Technology Assessment seminar with the College of Health Sciences at Qatar University, April 2024.
- Guest lecturer for master's students in Public Health at Lebanese University, July 2022, sharing my experience in health economics.
- Presented findings of two papers, "The Societal Costs of Multiple Sclerosis in Lebanon: A Cross-Sectional Study" and "Valuation of Costs in Health Economics During Financial and Economic Crises: A Case Study from Lebanon," at the 14th Lowlands Health Economic Study Group (LolaHESG) in Maastricht, The Netherlands, May 2022.
- Presented the paper "Economic Burden of Multiple Sclerosis in Low- and Middle-Income Countries: A Systematic Review" at the International Health Economics Association Congress, July 2021.

Publications

[Jalal Dahham - Google Scholar](#)

- Health-related quality of life and utilities among Lebanese patients with Multiple Sclerosis: A cross-sectional study. <https://doi.org/10.1016/j.msard.2024.105635>
- The societal costs of multiple sclerosis in Lebanon: a cross-sectional study. <https://doi.org/10.1080/14737167.2023.2184802>
- Valuation of Costs in Health Economics During Financial and Economic Crises: A Case Study from Lebanon. <https://doi.org/10.1007/s40258-022-00769-2>
- Economic Evaluation Guidelines in Low- And Middle-Income Countries: A Systematic Review. <https://doi.org/10.1017/S0266462321000659>
- The Economic and Societal Burden of Multiple Sclerosis on Lebanese Society: A Cost-Of-Illness and Quality of Life Study Protocol. <https://doi.org/10.1080/14737167.2022.2008242>
- Economic Burden of Multiple Sclerosis in Low- and Middle-Income Countries: A Systematic Review. <https://doi.org/10.1007/s40273-021-01032-7>

Expected publications in 2024/2025:

- Challenges and Approaches in Health Economics Research in Low- and Middle-Income Countries: Experiences from Lebanon.
- Markov Modelling for cost-effectiveness of disease-modifying therapies for multiple sclerosis in Lebanon.
- Establishing a Willingness-to-Pay Threshold for Lebanon: A Framework for Equitable Healthcare Reform

Certifications

- Social and Behavioral Research with human subjects, CITI Program, August 2024
- Medical Research Lecture Series, Clinical Research Institute (CRI), American University of Beirut, March 2024
- Research Training Program, INSPECT-LB Research Group, July 2023
- Health Economic Evaluation, Health Economics Research Centre (HERC), University of Oxford, May 2023
- The Clinical Research Institute Workshop Publishing Your Research, American University of Beirut, April 2023
- Decision Modelling for Health Economic Evaluation, University of York, July 2022

- Endnote and Reference Management Software, American University of Beirut, July 2021
- Introduction to statistical methods for data analysis, Maastricht University, December 2020
- Statistics Made Easy, American University of Beirut, November 2020
- Online Academic Writing English for Faculty of Health, Medicine and Life Sciences PhD students, Maastricht University, March 2020
- Scientific Writing & Publishing, Arab Continuing Dietetic Education, November 2019
- Trade and Investment Promotion, Dutch Ministry of Foreign Affairs, August 2019
- Collaborative Institutional Training Initiative, CITI Program, August 2019
- Health Technology Assessment Crash Course, Maastricht University, June 2019
- GDPR & Human Subject Research in the U.S. CITI Program, May 2019
- Fundamentals of Project Management, Spearhead Training, October 2011

Languages

I am professionally proficient in Arabic and English, and conversationally capable in French.

References

- Dr. Kamal Hamdan, Executive Director at Consultation and Research Institute, Beirut, Lebanon
- Dr. Abdallah Nassereddine, Economic Attaché at the Lebanese Embassy in the United States of America
- Dr. Rana Rizk, Assistant Professor in Nutrition and Health Technology Assessment at the Lebanese American University. Researcher at INSPECT-Lb, and Clinical Dietitian, Lebanon
- Prof. Silvia Evers, Public Health Technology Assessment at Maastricht University and Trimbos Institute in Utrecht, Kingdom of The Netherlands
- Dr. Mickaël Hiligsmann, Associate Professor in Health Economics and Health Technology Assessment at Maastricht University
- Mr. Roeland Kollen, Regional Head of Business Development for the Dutch Embassies in the Gulf Region
- Dr. Bahia Tahzib-Lie, Ambassador & Deputy Permanent Representative of the Kingdom of the Netherlands to the United Nations in New York
- Mrs. Yvette van Eeoud, Deputy Director-General Foreign Economic Relations Director at Ministry of Foreign Affairs, Kingdom of The Netherlands