

Zainab Abbas Barakat

Date of Birth: 11/04/1999, **Nationality:** Lebanese.

Residence: Ansariyeh, Lebanon.

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Education

2023-2025: Second-year PhD in Public Health in co-direction between the Lebanese University and the American University of Beirut

July 2021: Second-year MS in Neuroscience at the Neuroscience Research Center of the Lebanese University Faculty of Medical Sciences with a **GPA of 88.80/100, Hadath, Lebanon**

June 2020: First-year MS in Neuroscience at the Neuroscience Research Center of the Lebanese University Faculty of Medical Sciences with a **GPA of 91.48/100, Hadath, Lebanon**

September 2019: Graduated a Bachelor of Science degree in Biology with a **GPA of 84.47/100** at the Lebanese University Faculty of Sciences, **Nabatiyeh, Lebanon**

June 2016: Lebanese Baccalaureate | Life Sciences (Biology focus)

Experience

Research Experience

-Published:

1. Examining burden among caregivers of community-dwelling older adults in Lebanon (Scientific Reports/**First author**)
2. A contemporary tool for assessing instrumental activities of daily living: validation of a caregiver-reported scale for non-institutionalized older adults (PLOS ONE /**First author**)
3. Assessment of Cognitive Functioning among Women with Breast Cancer in Lebanon: Psychometric Properties of the FACT-QoL Tool. (BMC-QoL Journal/**First author**)

4. Psychometric Properties of the Arabic Version of the Maslach Burnout Inventory-Human Services Survey (MBI-HSS) among Lebanese Dentists. (BMC-Oral Health Journal)
5. Knowledge, Attitudes, and Practices of Lebanese Women toward the Use of Oral Contraceptives: A Nationwide Survey. (BMC-Women's Health Journal)

-Under review:

1. Assessing Neuropsychiatric Symptoms in Lebanese Patients with Alzheimer's Disease: A Cross-Sectional Study
2. Coping Strategies among Family Caregivers of Community-Dwelling Older Adults in Lebanon (**First Author**)

-Article Review:

Reviewed an article for Supportive Care in Cancer Journal and a paper for Eastern Mediterranean Health Journal

Work Experience

1. Teaching Science at Ansariyeh Public School (2022-2025)
2. Tutoring intermediate and high school students in the fields of biology, chemistry, math and physics (2015-2025)
3. Pharmacist assistant at Mariam Pharmacy in Ansariyeh, South Lebanon (August 2019)

Activities

Symposium on Breast Cancer:

- Organized by Lebanese University and Rabab Cancer Foundation, **Nabatiyeh, Lebanon**, (April 2019)
- Position held: volunteer (design poster)

Committees in the municipality:

- Position: Being a member of the committee for the Educational and Cultural Organization in **Ansariyeh, Lebanon** (June 2019)

Training courses:

- Entrepreneurship Workshop: Be Your Own Boss (BYOB), **Lebanon** (November 2021)

Skills

- **Computer Skills:** Microsoft office (**Word, Power Point, Excel**), **Python, SPSS, Endnote.**
- **Language Skills:** Arabic (**native**), English (**fluent**)

Highlights

- Ability to adapt quickly with the surrounding.
- Ability to work independently and as part of cooperative team.
- Excellent communication skills.
- Tendency to control work time.
- Ability to work under pressure.
- Ability to learn new tasks and skills in a quick manner.