

# Celine P. El Khoury, MS, LD

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## EDUCATION

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<b>Lebanese American University (LAU)</b> <i>Master of Science in Nutrition</i>   GPA: 3.88/4.00   Expected Registered Dietitian Credential (U.S.) <i>Published Thesis: Exposure to Toxic Metals from the Consumption of Cornflakes in Lebanon</i>	<b>Byblos, Lebanon</b> 2023 – 2025
<b>Lebanese American University (LAU)</b> <i>Bachelor of Science in Nutrition &amp; Dietetics – Coordinated Program</i>   GPA: 3.72/4.00	<b>Byblos, Lebanon</b> 2020 – 2023
<b>Frères Maristes School</b> <i>Lebanese &amp; French Bacculaureate – Life Sciences</i>	<b>Byblos, Lebanon</b> 2020

## PROFESSIONAL EXPERIENCE

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<b>Associate Member</b>   <i>INSPECT-LB</i>	<b>Lebanon</b> Nov 2025 - Present
• Recently onboarded, contributing to evidence-based nutrition research activities.	
<b>Data Collector</b>   <i>Qualisus Consulting</i>	<b>Byblos, Lebanon</b> Nov 2025- Present
• Selected to support upcoming qualitative and quantitative data collection for social development projects.	
<b>Nutrition &amp; Dietetic Intern</b>   <i>Rizk Medical Center</i>	<b>Achrafieh, Lebanon</b> Sep 2023 – Jul 2025
• Completed supervised clinical rotations across 12 + specialties.	
• Conducted food service assessments related to safety, storage, production, and purchasing.	
• Participated in NGO and public health outreach programs.	
<b>Graduate Research Fellow</b>   <i>LAU</i>	<b>Lebanon</b> Sep 2023 – Jul 2025
• Co-authored 5 + peer-reviewed articles in high-impact (Q1/Q2) journals.	
<b>Graduate Assistant</b>   <i>LAU</i>	<b>Lebanon</b> Sep 2023 – Jul 2025
• Assisted faculty in course instruction, exam proctoring, and laboratory sessions.	

## HONORS & AWARDS

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- **Young Researcher Award**, LAU – Life Sciences & Medicine (2025)
  - **SoAS Research Recognition Award – Silver**, LAU (2025)
  - **3rd Prize**, Arcenciel/WHH Competition – AI App to Reduce Food Waste (2023)
  - **Distinction List**, LAU – Academic Honors (2020 – 2023)

## RESEARCH & PUBLICATIONS

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**Link:** [View all publications on Google Scholar](#) (5 peer-reviewed articles published in Q1/Q2 journals)  
**Under Review:** Awad, E., Alleva, J. M., El Khoury, C., Chamma, N., Martijn, C., & Rizk, R. (2025). *Orthorexia nervosa and social media: A mixed-methods scoping review using a systematic methodology* [Manuscript submitted for publication]. *PLOS ONE*.

## LICENSES & CERTIFICATIONS

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- Licensed Dietitian, Ministry of Public Health – Lebanon
  - Academy of Nutrition and Dietetics Member, EatRight USA (2025 – 2026)
  - AGYA Summer School, University of Bonn (2024) – AI in Healthcare
  - UN GCNL SDG Brain Lab (2023 – 2024) – Gender Equality Policy Review at L'Oréal
  - Nestlé NxL Youth Empowerment Program (2023) – AI, Sustainability & Entrepreneurship

## VOLUNTEERING & LEADERSHIP

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- Youth Representative – World Food Forum (FAO, 2nd Cohort 2025 – Present)
  - Research Presenter – LAU Research Day (2023 & 2025)
  - Syllabus Review Committee – LAU (2024)
  - Treasurer, Nutrition Club – LAU (2023)
  - Byblos Ecologia Volunteer – 60 + hours in waste management and recycling (2019)

## SKILLS

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**Technical:** SPSS | EndNote | RefWorks | Microsoft Office | Canva | Python (Basic) | HTML  
**Languages:** Arabic (Native) | English (Fluent) | French (Fluent)